

# HIKING IN THE VALLEY OF MERVEILLES

In Tende, three valleys are included in the central area of the National Park of Mercantour :

- The valley of Merveilles: a **8 hours'** round trip (guided tour of the engravings included).
- The valley of Fontanalba : a **6.30 hours'** round trip (guided tour of the engravings included).
- The valley of Valmasque : a **7 hours'** round trip, 3 beautiful lakes.

Valleys of FONTANALBA and MERVEILLES are PROTECTED archeological areas. Authorized access without a guide only on the waymarked footpath.

## ACCESS :

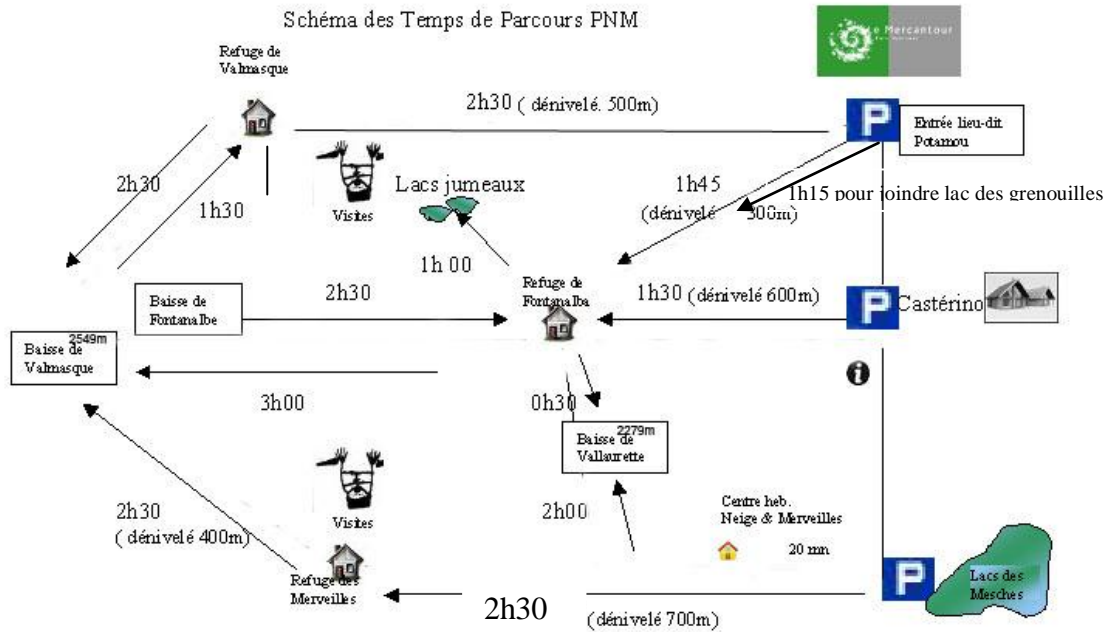
- By the **road** : take the RD 91, from St Dalmas de Tende (direction « Castérino »).
- By a **regular bus** (n°923, 1.50 €/pers.), in july and august, start from Tende and St-Dalmas-de-Tende railway stations.
- By **bus TAD** (1.50 €/pers.), only on reservation – Tel from foreign country : **0033 4 79 28 23 45**, except on sunday, july and august

**PERIOD** : From **june** to **october** according to weather conditions. From **the end of May** according to the snow coverage.

## HOW TO DISCOVER THE ARCHEOLOGICAL SITES ?

- On foot, by yourself, staying on the waymarked footpath.
- In vehicle 4X4 by professionals, practically up to the refuges : the guided tour of the engravings is made on foot.
- On foot, accompanied by a moutain guide (schedules of the visits below, 11 €/pers., no necessary reservation).

## WALKING TIME



## REGULAR GUIDED TOURS

### Rates :

Adults : 11 €.

Children from 12 to 18 y-old : 6 €.

Children - 12 years : free.

Family (2 adults+ children) : 22 €.

For groups, necessary reservation : Tél. : (00 33)6 86 03 90 13 or : [info@vallee-merveilles.com](mailto:info@vallee-merveilles.com)

### Private visits in english :

half a day: 150 €

all the day : 180 € (15 pers. maxi)

Period – Frequency ( <b>french visit</b> )	Valley of Merveilles	Valley of Fontanalba
<b>June and september :</b> Every day	8:00 - 13:00 Appointment at the refuge Duration : about 2:30	11:00 - 14:00: apmt Lacs Jumeaux (Twins lake) in front of refuge PNM Duration : about 2:30
<b>July and august :</b> Every day	8:00 - 11:00 - 13:00 - 15:00 Appointment at the refuge CAF Duration : about 2:30	11:00 - 14:00: apmt Lacs Jumeaux Duration : about 2:30

## REFUGES

### To book a refuge :

#### Refuge of Merveilles (CAF-Club Alpin Français) :

<http://refugedesmerveilles.ffcam.fr/reservation.html> - Tel : (00 33) 4 93 04 64 64.

#### Refuge of Valmasque (CAF-Club Alpin Français) :

<http://refugedevalmasque.ffcam.fr/reservation.html>

**Club Alpin Français de Nice** : (00 33) 4 93 62 59 99 – [www.cafnice.org](http://www.cafnice.org)

**Refuge of Fontanalba** : Closed for renovation works.

**Gite « Neige et Merveilles »**, about 30 minutes on the path going to the valley of Merveilles. (00 33) 4 93 04 62 40.

[www.neige-merveilles.com](http://www.neige-merveilles.com)

**Refuge Marie-Madeleine** in Casterino : (00 33) 4 93 04 65 93. [www.casterino.com](http://www.casterino.com)

## 4x4 EXCURSIONS

Excursions for a day (valley of Merveilles or valley of Fontanalba), including the visit of the archeologic sites (2 to 4 hours' walk).

85 € for a full day tour / 65 € for a half day tour

Departing 8:30-9:00/returning 18:30-19:00

ARCHEOLOGIE-AVENTURE-MERVEILLES - Tende	Tél. / fax : (00 33)4 93 04 73 21 Port. : (00 33)6 07 58 37 19	<a href="http://www.panzamerveilles.com">www.panzamerveilles.com</a> <a href="mailto:panzanature@cegetel.net">panzanature@cegetel.net</a>
AUBERGE MARIE-MADELEINE - Castérino	Tél. : (00 33)4 93 04 65 93	<a href="http://www.casterino.com">www.casterino.com</a> <a href="mailto:gitedecasterino@wanadoo.fr">gitedecasterino@wanadoo.fr</a>
FIORETTI - Tende	Tél. : (00 33)4 93 04 66 34 Port. : (00 33)6 82 19 61 55	<a href="http://merveilles.4x4.online.fr">http://merveilles.4x4.online.fr</a> <a href="mailto:lucfioretti@wanadoo.fr">lucfioretti@wanadoo.fr</a>
LE CHAMOIS D'OR hôtel - Castérino	Tél. : (00 33)4 93 04 66 66	<a href="http://www.hotelchamoisdor.net">www.hotelchamoisdor.net</a> <a href="mailto:info@hotelchamoisdor.net">info@hotelchamoisdor.net</a>
LE MIRVAL hôtel - La Brigue	Tél. : (00 33)4 93 04 63 71	<a href="http://www.lemirval.com/">http://www.lemirval.com/</a>
MERCANTOUR, MONTS & MERVEILLES -Tende	Port. : (00 33)6 85 666 667	<a href="http://www.mercantour-monts-et-merveilles.com">www.mercantour-monts-et-merveilles.com</a>
RONCHETTI - Castérino	Tél. : (00 33)4 93 04 79 52	<a href="http://www.ronchetti4x4-merveilles.com">www.ronchetti4x4-merveilles.com</a>
SHERPA MERVEILLES – St-Dalmas-de-Tende	Tél. : (00 33)4 93 04 65 32	<a href="http://www.sherpamerveilles.com">www.sherpamerveilles.com</a> <a href="mailto:alain.simon342@orange.fr">alain.simon342@orange.fr</a>

## HIKING WITH GUIDES

ARCHEOLOGIE-AVENTURE-MERVEILLES - Tende	Tél. / fax : (00 33)4 93 04 73 21 Port. : (00 33)6 07 58 37 19	<a href="mailto:panzanature@cegetel.net">panzanature@cegetel.net</a> <a href="http://www.panzamerveilles.com">www.panzamerveilles.com</a>
BUREAU des GUIDES-BERENGER AVENTURES - Tende	Tél. : (00 33)6 85 42 57 45	<a href="mailto:berengerl@aol.com">berengerl@aol.com</a> <a href="http://www.berengeraventures.com">www.berengeraventures.com</a>
BUREAU des GUIDES du MERCANTOUR- Tende	Tél. : (00 33)4 93 04 67 88	<a href="mailto:info@mercantour-roya.com">info@mercantour-roya.com</a> <a href="http://www.mercantour-roya.com">www.mercantour-roya.com</a>
LE MARTELOT Jordi	Tél. : (00 33)6 63 22 05 54	<a href="mailto:jordilemartelot@yahoo.fr">jordilemartelot@yahoo.fr</a>
MAGRON Bertrand	Tél. : (00 33)6 70 20 71 73	<a href="mailto:bertrand.magron@yahoo.fr">bertrand.magron@yahoo.fr</a>
PALLANCA Sandrine	Tél. : (00 33)6 76 09 85 79	<a href="mailto:s.pallanca@yahoo.fr">s.pallanca@yahoo.fr</a>
SERVEL Paul	Tél. : (00 33)4 93 04 65 93	<a href="mailto:gitedecasterino@wanadoo.fr">gitedecasterino@wanadoo.fr</a>
Syndicat local Merveilles Gravures et Découvertes	Tél. : (00 33)6 86 03 90 13	<a href="mailto:info@vallee-merveilles.com">info@vallee-merveilles.com</a> <a href="http://www.vallee-merveilles.com">www.vallee-merveilles.com</a>

## PRACTICAL INFORMATION

Pets are not allowed in the Mercantour national park.